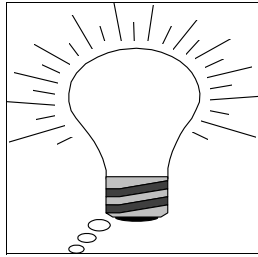


RESOURCES FOR PARENTS



Parents want to help children reach their full potential. Knowing how to do this can be a challenge. Listed are names, phone numbers, addresses, and web sites for a host of organizations that are available to assist you.

PARENTING RESOURCES

Bergen County Department of Health Services
Strengthening Families Program
327 E. Ridgewood Avenue
Paramus, NJ 07652-4895
201-634-2698
Referrals to family education programs

Division of Family Guidance
One Bergen County Plaza
Hackensack, NJ 07601
201-336-7350
Specialized adolescent programs and youth shelters

Bergen Family Center
10 Banta Place
Hackensack, NJ 07601
201-342-9200
The Parent Workshop, counseling, child day care, senior day care

American Red Cross Family Resource Center
74 Godwin Avenue
Ridgewood, NJ 07450
201-652-3210 ext. 313
Workshops on becoming more effective parents

The Youth Empowerment Network
10 East Broadway
Hackensack, NJ 07601
201-488-8680
www.youthempower.org
Positive parenting seminars, life skills for adolescents, after-school leadership clubs

The Community Center
1 Merrison Street
Teaneck, NJ 07666
201-833-5514
Information resource, workshops, books, tapes

Sacred Heart Family Ministry
102 Park Street
Haworth, NJ 07641
201-384-6454
Individual/marriage/family counseling, bereavement counseling, child therapy

NATIONAL SUBSTANCE ABUSE RESOURCES FOR ALCOHOL, TOBACCO AND OTHER DRUGS

American Cancer Society
800-ACS-2345

American Council on Alcoholism
800-527-5344

American Heart Association
800-634-1AHA

National Clearinghouse for Drug and Alcohol Abuse Information
301-468-2600

Mothers Against Drunk Driving of New Jersey (MADD)
800-448-6233

SUBSTANCE ABUSE HOTLINES

Addictions Hotline of NJ	800-225-0196
Cocaine Anonymous	800-347-8998
Narcotics Anonymous	800-992-0401
Teen Hotline of the American Red Cross	800-440 TEEN ext. 229

CRISIS INTERVENTION

Psychiatric Emergency Screening Program (PESP)
24 Hour Emergency Service
201-262-HELP (4357)

Division of Family Guidance
Juvenile Family Crisis Intervention Unit
24 Hour Emergency Service
201-646-2233

COUNTYWIDE RESOURCES

Bergen County Department of Health Services
327 E. Ridgewood Avenue
Paramus, NJ 07652-4895
201-634-2600
Resource materials, information and referral service
201-634-2703

Bergen County Council on Alcoholism and Drug Abuse, Inc.
10 E. Broadway
Hackensack, NJ 07601
201-488-8680
Resource materials

Care Plus NJ Inc.
610 Industrial Avenue
Paramus, NJ 07652
201-986-5000
Children, adolescent outpatient services

COUNTYWIDE RESOURCES

Comprehensive Behavioral Healthcare, Inc.

395 Main Street
Hackensack, NJ 07601
201-646-0333
1516 Valley Brook Avenue
Lyndhurst, NJ 07071
201-935-9196
Adolescent after school partial care program, ages 12-17

Vantage Health Services

2 Park Avenue
Dumont, NJ 07628
201-85-4400
93 West Palisade Avenue
Englewood, NJ 07631
201-567-0500

Division of Youth & Family Services

Bergen County District Office
60 State Street
Hackensack, NJ 07601
201-996-8900
Child Welfare-abuse and neglect

Fair Lawn Mental Health Center

A Division of Care Plus NJ Inc.
17-07 Romaine Street
Fair Lawn, NJ 07410
201-797-2660
Children, adolescent outpatient services

West Bergen Mental Health Care
for Children and Youth

1 Cherry Lane
Ramsey, NJ 07446
201-444-3550 or 201-934-1160
Children, adolescent outpatient services

Childrens' and Families' Services
Bergen County Department of Health Services
Office of Behavioral Health
201-634-2757

*Comprehensive service system planning and oversight
for families and their children with behavioral and
emotional challenges.*

WEB SITES

Adolescent Substance Abuse and Recovery
Resources
www.winternet.com/~webpage/adolrecovery.html

Early Warning, Timely Response: A Guide to
Safe Schools
www.ed.gov/offices/OSERS/OSEP/earlywrn.html

Facts About Violence Among Youth and
Violence in Schools: Fact Sheet
www.cdc.gov/od/oc/media/fact/violence.htm

National Clearinghouse for Alcohol and Drug
Information
www.health.org

National Council on Alcoholism and Drug
Dependence, Inc.
www.ncadd.org

National Institute on Drug Abuse/
National Institute of Health-High School Trends
www.nida.nih.gov/infobox/HSYouthtrends.html

National School Safety Center
www.NSSC1.org

PAVNET (Partnership Against Violence Network)
www.pavn.et.org

School and Youth Violence Prevention Plan
www.fightcrime.org/reports.html

Developed under the auspices of
Bergen County Executive Dennis McNerney
and the Board of Chosen Freeholders

m:/grants/atodprev/2000-2001/working documents/ppbroch 0703 .pub

KNOW WHERE TO GO: A Parenting Resource Guide

A guide for parents and other
concerned adults



Bergen County
Department of Health Services
Partnership for Community Health

327 E. Ridgewood Avenue
Paramus, NJ 07652-4895
201-634-2600
healthdept@co.bergen.nj.us
www.bergenhealth.org
Health and Safety Information Line
201-225-7000