



COUNTY OF BERGEN  
KATHLEEN A. DONOVAN, *County Executive*

# ***STOP, DROP & ROLL!***



**Stop**



**Drop**



**Roll**

**Never run if your clothes catch on fire! Running will only make the fire get bigger!**

If ever your clothes catch on fire, you need to know **Stop, Drop and Roll**. This means that you **stop** where you are, **drop** to the ground and **roll** back and forth until the fire goes out.

Pretend that your clothes caught on fire and **Stop, Drop and Roll** to put the fire out!

**BOARD OF CHOSEN FREEHOLDERS**

**Bergen County Department of Health Services**  
327 E. Ridgewood Avenue • Paramus, New Jersey 07652  
[www.bergenhealth.org](http://www.bergenhealth.org) • (201) 634-2600