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FOR IMMEDIATE RELEASE

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Schools Recognized for Participation in Eat Right, Play Hard Challenge



L to R: Marge Doremus, Bergen County Department of Health Services; Filomena Ranaudo, Our Lady of Grace School, Fairview; Lynn McShane, Washington School, Rutherford; Jacqueline McClintock, Queen of Peace Elementary School, North Arlington; Karen Kenny, Franklin School, Saddle Brook.

The Bergen County Department of Health Services marked the end of the 3rd year of the Eat Right, Play Hard Challenge with an award ceremony for participating schools. Elementary schools located in the Department's health jurisdiction receive a Challenge activity each month from September through May. Activities focus on making decisions that emphasize healthy eating and an active lifestyle; activities were completed during classes, at recess or lunch time or at home. Schools that completed at least 6 activities were recognized at the award ceremony and received a plaque for the school.

This year, eight schools completed the Challenge, involving more than 2,500 students, faculty, staff and parents. Schools not able to attend the ceremony were Cliffside Park Elementary School #5, 6th grade; Washington Elementary School, North Arlington; Academy of the Most Blessed Sacrament, Franklin Lakes and High Mountain Road Elementary School, Franklin Lakes.